

PED 129
Class 14 – Prevention Psychology (VI)

Travel Security

1. Secure your home, and arrange for it to be checked by a friend or the police.
2. Secure all valuables off premises in a safety deposit box.
3. Videotape or photograph your home's contents for insurance purposes.
4. Have the post office hold your mail; cancel or hold any newspaper deliveries.
5. Make sure your bags are well-marked with a work address/number or cell number.
6. Arrange air travel during business hours, where possible, to avoid reaching your destination at night.
7. Avoid late business meetings, and if one does occur, make sure you are in the company of multiple associates.
8. Do not accept a hotel room in a remote section of the hotel.
9. Do not stay at a hotel with exterior room entries.
10. Do not accept a hotel room if the windows and/or doors are not secure.
11. Always use security locks; brace the door if needed.
12. Do not answer the door unless you are expecting company.
13. Stay in a quality hotel with 24 hour security.

Night-Life Security

1. Do not enter a bar in a strange location; if you must do so, do not go alone.
2. Do not leave a bar in the company of strangers.
3. Do not engage in conversation with anyone who is aggressive, overly flirtatious, or who persists in invading your safe zone.
4. Leave immediately if there is any indication of hostility.
5. Do not engage in behavior generally thought to be aggressive (staring, aggressive verbal and body language, etc.)
6. Leave the facility when others are walking out, so witnesses are present.

Calling for Emergency Assistance

1. Remain calm and call the police.
2. If using a cell phone, ask to be connected to the 911 operator for the location you are calling from.
3. State your concern as clearly as possible.
4. Stay on the line until police arrive; give as much info as possible re the situation.
5. If you are calling about an assailant or suspicious subject, give as much identifying information as possible.
6. Advise the dispatcher if the suspect and/or you are armed, and if so with what weapon. If you are armed, place the weapon on the ground when police arrive.